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| **Law 1: The Field of Play** | * 100 feet long x 80 feet wide field. * 3-4 foot high x 6-8 foot wide goal. |
| **Law 2: The Ball** | * Size 3 |
| **Law 3: The Number of Players** | * 4 v 4, no goalkeeper. * Coaches may cooperatively adjust. |
| **Law 4: The Players’ Equipment** | * Shirt (provided by program), shorts and socks. In an emergency, any similar colored clothing can be worn. * Shin pads required. * Tennis shoes or cleats acceptable, NO baseball/football cleats. * No earrings or jewelry!!!! |
| **Law 5: The Referee** | * No referee. Coaches monitor to keep play safe and legal. |
| **Law 6: The Assistant Referees** | * No assistant referees. |
| **Law 7: The Duration of the Match** | * Three 12-minute periods, 2-minute break separating each period. Coaches may cooperatively adjust. |
| **Law 8: The Start & Restart of Play** | * At the beginning of each period and after a goal play begins with a kickoff. Each team must be in own half. Ball is placed in center of field and a player from the home team (beginning of 1st/3rd periods), away team (beginning of 2nd period), or the team who was just scored on kicks ball to one of their teammates to start play. Kick may go in any direction. |
| **Law 9: The Ball In & Out of Play** | * If the ball passes completely over any of the four lines (sidelines or endlines) without going into the goal, the team that did not touch it last places it on the point on the sideline closest to where the ball went out and either dribbles or kicks it back into play. No throw-ins. * Defending team should give at least 3 yards until ball is back on field. * Play begins as soon as ball enters field. |
| **Law 10: The Method of Scoring** | * A goal is scored when the entire ball is completely across the goal line. |
| **Law 11: Offside** | * No offsides. |
| **Law 12: Fouls and Misconduct** | * Players may not kick, trip, hit, jump at, push, hold, or spit at an opponent. * Players may not handle the ball. Handling occurs when a player intentionally uses any part of their hand or arm to contact the ball. If the ball hits a player in the arm without them moving their arm to the ball, it is not handling. Handling is hand to ball, not ball to hand. * Players may not intentionally block an opponent from getting to the ball unless they are playing the ball themselves. * Players may not charge an opponent illegally.Contact is allowed as long as both players are playing the ball. Pushing with arms extended, coming in too hard in a violent manner, tackling from behind and hitting the player before the ball, and kicking the opponents legs are examples of illegal play. The key is whether the player is focused on the ball & does not go THROUGH the opponent to get there! * Any play judged to be dangerous to other players is a foul. * Any play judged to be unsporting (e.g. taunting, delaying game) is a foul. |
| **Law 13: Free Kicks** | * After any foul, play will restart with an indirect free kick from the spot of the foul. Opponents must be at least 3 yards away. The ball may not be kicked directly into the goal; someone else must touch it before it goes in the goal. The kicker may not touch it again until someone else does. |
| **Law 14: Penalty Kicks** | * No penalty kicks. |
| **Law 15: The Throw-In** | * No throw-ins. |
| **Law 16: The Goal Kick** | * No goal kicks. |
| **Law 17: The Corner Kick** | * No corner kicks. |

No standings are kept for the Under-8 League. Game scores do not need to be reported.